



## UIL RMA Portal

To support social distancing and assist with the workload of the medical professionals on the frontlines of the COVID-19 pandemic, the UIL Medical Advisory Committee (MAC) has recommended adjusting requirements related to preparticipation physical examinations for the 2020-21 school year. These will not be formalized until the UIL Legislative Council takes action to approve these adjustments on Friday, May 1, 2020. However, this is good information for schools to use for planning for next school year.

All students participating in UIL marching band and/or UIL athletic activities will be required to complete the UIL Medical History Form. Any “yes” answer to any of questions 1-6 on the Medical History Form will require a student to receive further medical evaluation, which may include a physical exam, and receive written clearance from a physician, physician assistant, chiropractor, or nurse practitioner before any participation in UIL practices, games, performances, or matches. Only those students with “yes” answers to those questions are required to receive written clearance through further medical evaluation.

**Any participant in athletics or marching band, in any grade level, who has not previously completed a Pre-Participation Physical Evaluation (PPE), and been cleared for participation, will be required to complete the Medical History Form as noted above, as well as a PPE prior to participation in any UIL practices, games, performances, or matches.**

Please note that this is only for the 2020-21 school year, and local school district policies still apply. Schools may still require physical examinations of students before allowing participation in these activities, and such decisions are under the jurisdiction of each local school district.

We will communicate with schools after the UIL Legislative Council takes formal action.

Thank you,  
Jamey Harrison, EdD  
UIL Deputy Director